Vital Signs Monitoring in the National Capital Region Network

Assembling the Puzzle

Monitoring the status and trends of the nation’s parks

Knowing the condition of natural resources in national parks is fundamental to the National Park Service’s mission to maintain park resources “unimpaired for the enjoyment of future generations.” Most parks are open systems vulnerable to threats such as air and water pollution and invasive species, which originate outside of the park's boundaries. Understanding the dynamic nature of park ecosystems and the consequences of human activities is essential for management decision-making aimed to maintain, enhance, or restore the ecological integrity of park ecosystems.

Monitoring Vital Signs

A suite of quantitative indicators inform park management

Vital signs monitoring is meant to provide early warning of abnormal conditions. The data collected assist managers to better understand the dynamic nature and current condition of park ecosystems. The Inventory & Monitoring program will ultimately help managers make better-informed decisions and work more effectively with stakeholders who benefit from proper park stewardship. To improve efficiency and reduce costs, each network across the country links parks that share similar geographic and natural resource characteristics. Priority vital signs for the National Capital Region Network fall into four categories of indicators:

1. Air Quality and Climate Indicators
   - ozone concentration
   - wet deposition
   - visibility/particulate matter
   - mercury deposition
   - ambient temperature/precipitation

2. Water Quality and Hydrology Indicators
   - surface water flow/discharge
   - water chemistry
   - nutrient dynamics
   - aquatic macroinvertebrates
   - shoreline features/change
   - stream habitat/adjacent vegetation

3. Biodiversity Indicators
   - invasive/exotic plants
   - forest insect pests
   - forest vegetation diversity/age/size
   - biotic diversity/rangeland abundance
   - rare/threatened/endangered species and communities

4. Ecosystem Pattern and Processes Indicators
   - land cover/land use
   - landscape condition

National Capital Region Network Issues

Development pressures result in shared issues for National Capital Region Network management

The National Capital Region Network parks protect nationally and regionally important water, forest and grassland, wildlife, historic, and recreational resources:

- rivers, streams, wetlands, ponds, and seeps located in the parks, most of which lie in the Potomac River watershed, contribute substantially to the overall water quality of the Chesapeake Bay;
- park forests help to filter nutrients and sediment, stabilize soils, and moderate flooding of these streams and rivers;
- park forests also contribute to regional air quality by removing pollutants, fixing carbon, and buffering traffic and other noise pollution; and
- forest regeneration can be observed in many of the parks, while others maintain large expanses of grassland habitat, which serve as valuable habitat for the region’s imperiled grassland bird populations.

However, major challenges face National Capital Region Network park management:

- adjacent development can have a significant impact by promoting exotic species invasions and the overabundance of native and pest species;
- regional changes in land use intensity can influence spatial-temporal patterns in temperature, disease outbreaks, and air pollution;
- regional changes in urban development or agriculture can alter water quality and quantity through the addition of impervious surfaces, the loss of forest and grassland areas, and the release of chemical and biological pollutants; and
- major transportation and utility corridors bisect many of the parks and can interrupt the natural flow of water, air, and biota.

Although they comprise only a small fraction of its total area, the National Capital Region Network parks are among the most visited in the National Park System. The high numbers of visitors are due in part to the proximity of parks to urban centers.